

Pouring love into every meal

## Week 1: Week commencing: 15<sup>th</sup> April | 6<sup>th</sup> May | 3<sup>rd</sup> June | 24<sup>th</sup> June | 15<sup>th</sup> July | 9<sup>th</sup> Sept | 30<sup>th</sup> Sept | 21<sup>st</sup> Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
1 <sup>st</sup> Choice	Italian chicken goujons none	Chicken curry wheat/gluten	Vegan sausage roll wheat/gluten, soya, milk	Roast of the day (chicken none, gammon none, beef none)	Fish fingers wheat/gluten, fish
2 <sup>nd</sup> Choice	Vegetarian Bolognese wheat/gluten, egg	Cheese & tomato pizza Bought in base: wheat/gluten, milk Homemade base: wheat/gluten, milk, soya	Macaroni cheese wheat/gluten, milk	Sweet potato parcel wheat/gluten - egg & milk (if using egg wash)	Vegetarian Bolognese wheat/gluten, egg
3 <sup>rd</sup> choice	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none
Vegetable/Salad Selection	Potato wedges none Seasonal vegetables none & salad celery (if using celery)	Rice none Potato of the day none Seasonal vegetables none & salad celery (if using celery)	Sweet potato mash milk Seasonal vegetables none & salad celery (if using celery)	Roast potatoes none Seasonal vegetables none & salad celery (if using celery)	Chips none Seasonal vegetables none & salad celery (if using celery)
Dessert	Marble shortbread wheat/gluten Seasonal fruit none & yoghurt milk, soya	Banana cake wheat/gluten, egg, milk Seasonal fruit none & yoghurt milk, soya	Ice cream milk Seasonal fruit none & yoghurt milk, soya	Mini flapjack wheat/gluten with fruit wedges none Seasonal fruit none & yoghurt milk, soya	Fruit yoghurt muffin wheat/gluten, egg, milk, soya Seasonal fruit none & yoghurt milk, soya



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## Week 2: Week commencing: 22<sup>nd</sup> April | 13<sup>th</sup> May | 10<sup>th</sup> June | 1<sup>st</sup> July | 22<sup>nd</sup> July | 16<sup>th</sup> Sept | 7<sup>th</sup> Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
1 <sup>st</sup> Choice	Beef Bolognese wheat/gluten	Chicken nuggets none	Vegetarian Bolognese wheat/gluten, egg	Roast chicken none & gravy none	Fish fingers wheat/gluten, fish
2 <sup>nd</sup> Choice	Macaroni cheese wheat/gluten, milk	Cheese & tomato pizza Bought in base: wheat/gluten, milk Homemade base: wheat/gluten, milk, soya	Quorn & bean patty wheat/gluten, egg	Golden potato cake egg	Vegetable goujons none
3 <sup>rd</sup> choice	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none
Vegetable/Salad Selection	Waffle fries none Seasonal vegetables none & salad celery (if using celery)	Potato of the day none Seasonal vegetables none & salad celery (if using celery)	Mini potato bites none Seasonal vegetables none & salad celery (if using celery)	Roast potatoes none Seasonal vegetables none & salad celery (if using celery)	Chips none Seasonal vegetables none & salad celery (if using celery)
Dessert	Vanilla crunch wheat/gluten Seasonal fruit none & yoghurt milk, soya	Summer muffin wheat/gluten, egg, milk Seasonal fruit none & yoghurt milk, soya	Mini oaty cookie wheat/gluten with fruit wedges none Seasonal fruit none & yoghurt milk, soya	Chocolate crinkle cookie wheat/gluten, milk, egg Seasonal fruit none & yoghurt milk, soya	Iced sponge wheat/gluten, egg, milk Seasonal fruit none & yoghurt milk, soya



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Week 3: Week commencing: 29<sup>th</sup> April | 20<sup>th</sup> May | 17<sup>th</sup> June | 8<sup>th</sup> July | 2<sup>nd</sup> Sept | 23<sup>rd</sup> Sept | 14<sup>th</sup> Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
1 <sup>st</sup> Choice	Pork sausages (wheat/gluten, soya, sulphur dioxide/sulphites) gravy (none)	Chicken curry wheat/gluten	Macaroni cheese wheat/gluten, milk	Roast chicken none & gravy none	Fish fingers wheat/gluten, fish
2 <sup>nd</sup> Choice	Vegetarian Bolognese wheat/gluten, egg	Cheese & tomato pizza Bought in base: wheat/gluten, milk Homemade base: wheat/gluten, milk, soya	Quorn nuggets wheat/gluten	Vegan sausage turnover wheat/gluten - egg & milk (if using egg wash)	Vegetable goujons none
3 <sup>rd</sup> choice	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none
Vegetable/Salad Selection	Creamy mash milk Seasonal vegetables none & salad celery (if using celery)	Rice none Potato of the day none Seasonal vegetables none & salad celery (if using celery)	Potato wedges none Seasonal vegetables none & salad celery (if using celery)	Roast potatoes none Seasonal vegetables none & salad celery (if using celery)	Chips none Seasonal vegetables none & salad celery (if using celery)
Dessert	Ice cream milk Seasonal fruit none & yoghurt milk, soya	Fruit brownie wheat/gluten, egg Seasonal fruit none & yoghurt milk, soya	Iced shortbread wheat/gluten Seasonal fruit none & yoghurt milk, soya	Mini blondie cracknel wheat/gluten, milk with fruit wedges none Seasonal fruit none & yoghurt milk, soya	Iced sponge wheat/gluten, egg, milk Seasonal fruit none & yoghurt milk, soya